



### **NAFFE TUWULIRWE,** **MENTAL HEALTH & INCLUSION PROGRAM**

"Naffe Tuwulirwe" is a Luganda statement that means "Let Our Voices Be Heard". Naffe Tuwulirwe is a mental health and Inclusive program aimed at raising mental awareness for young people and inclusivity of people living with disabilities.

NAFFE TUWULIRWE Mental Health & Inclusion Program will reduce the stigma around people living with disabilities in communities through the country and also raise Mental Health Awareness for young people throughout the country.

## **Naffe Tuwulirwe Budget**

Item	Quantity	Unit Cost	Amount
Social Media Campaigns	30 Days	USD 100	USD 3,000
Broadcasting Media	60 Days	USD 120	USD 7,200
Awareness Rallies	12 Rallies with in 6 Districts	USD 2,300	USD 27,600
Mental Health Bootcamps	3 Bootcamps (3Days Each)	USD 5,000	USD 15,000
Campaign T-shirts	500 T-shirts	USD 20	USD 10,000
Pull Up Banners	6 Banners	USD 95	USD 570
Tents	4 Tents (50seater)	USD 700	USD 2,800
Chairs	200 Chairs	USD 15	USD 3,000
White Board	4 White Boards (90X120 CM)	USD 150	USD 600
<b>TOTAL AMOUNT</b>			<b>USD 69,770</b>

Feel Free To Ask For Accountability of Your Donation by Emailing;

" kalamafriendsfoundation@gmail.com "

Regards,

**Public Relations Department**

**Kalama Friends Foundation**

**"Let's Share the Pain"**